



“Twenty years from now you will be more disappointed by the things that you didn’t do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.”

- Mark Twain

To invest in our Members, RTI will run a call to action-based social media campaign highlighting 10 hand-picked **Acts of Self Development**. Starting the 3rd of May 2023, spread out over 10 weeks.

It's time to grow, Bro! Print this 10 Acts checklist & put it up somewhere visible. Follow the official RTI social media platforms weekly to get more details on the listed acts. Once you are confident you are on track with a specific act, check it off (but remember to continue working on them).

Let's Go, Bro!

- 1. Claim The Top Roles, Set Your Goals!
- 2. You're No Slouch, Get Off The Couch!
- 3. Rest To Be The Best!
- 4. Don't Go Riot With Your Diet!
- 5. There's No Stealth In Your Mental Health!
- 6. A Bro Must Read To Succeed!
- 7. Experience The Thrill Of A New Skill!
- 8. Damn It, Drop A Bad Habit!
- 9. Keep Your Journey Straight, Celebrate!
- 10. Be A Positive Dude, Practice Gratitude!

** At the end of the campaign, please send your checklist via Messenger on the RTI Facebook page with the (checked) acts you are working on & we'll send you a personalised & printable certificate to commend your efforts. Go get them, Bro!*